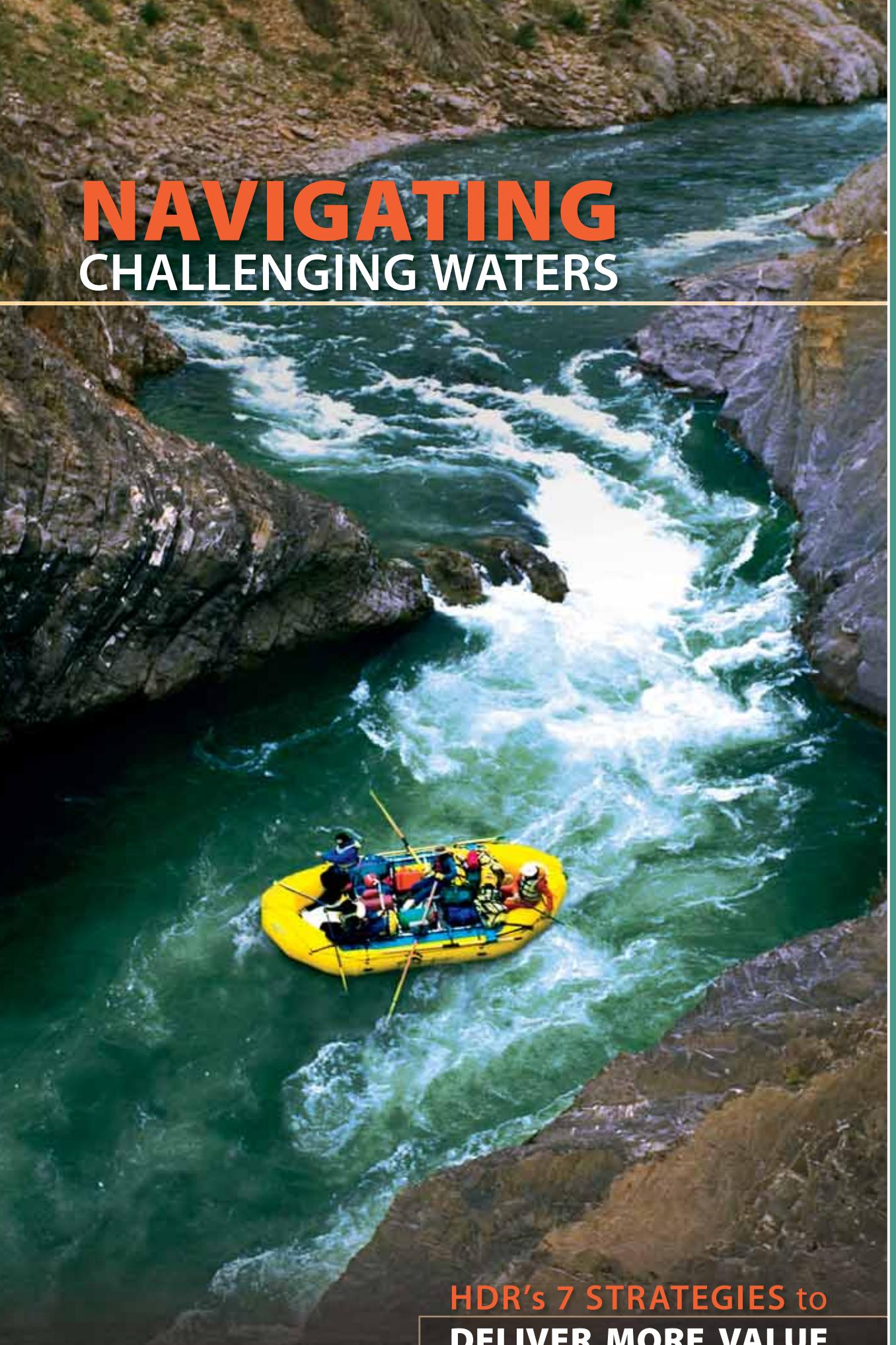


# NAVIGATING CHALLENGING WATERS

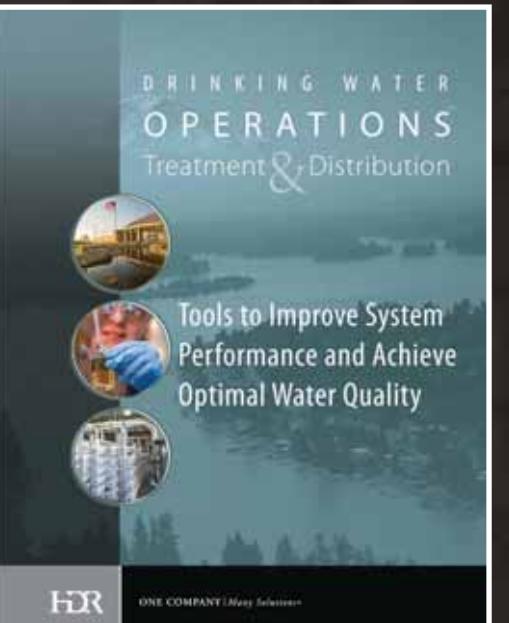
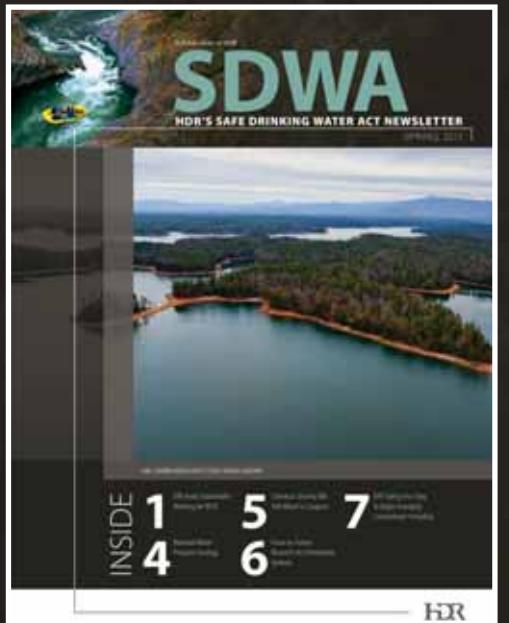


## HDR's 7 STRATEGIES to DELIVER MORE VALUE from SOURCE to TAP

- 1 integrated WATER PLANNING Establish a system-wide vision and goals to maximize value and minimize risk.
- 2 proactive SUPPLY DEVELOPMENT Protect water resources now to ensure reliable supply and promote public health.
- 3 forward-looking REGULATORY COMPLIANCE Plan for the future to cost-effectively meet conflicting requirements.
- 4 customized INFRASTRUCTURE MANAGEMENT Apply capital planning and condition assessment tools to pinpoint and fund highest value projects.
- 5 21<sup>st</sup> century WATER TREATMENT Think ahead and consider new technologies and tactics to deliver a sustainable facility.
- 6 alternative DELIVERY METHODS Employ new processes to enhance project delivery and maximize your investments.
- 7 system-wide OPTIMIZATION Identify and execute improvements to increase efficiencies and lower operating costs.

**HDR's 13<sup>th</sup> Edition**  
FEBRUARY 2011

### Additional HDR Resources:



Quarterly SDWA Newsletter  
[www.hdrinc.com/sdwa](http://www.hdrinc.com/sdwa)

Drinking Water Operations Chart  
[www.hdrinc.com/OpChart](http://www.hdrinc.com/OpChart)

## EXISTING NATIONAL PRIMARY DRINKING WATER REGULATIONS

Regulations	Name of Contaminant	MCL / MCLG (mg/L unless noted)	Health Effects of Contaminant	Monitoring Requirements / Comments
<b>Inorganic Chemicals (IOCs)</b>	Antimony	0.006 / 0.006	Increase in blood cholesterol; decrease in blood sugar	For IOCs: Once a year for surface water; once every 3 years for ground water (not including Asbestos, Lead and Copper, Nitrate, Nitrite and Radionuclides). Minimize monitoring costs by using historical data, waivers, susceptibility waivers, and/or making composite samples.
	Asbestos (fiber length > 10µm)	7 MFL / 7 MFL	Increased risk of developing benign intestinal polyps	Once every 3 years.
	Barium	2 / 2	Increase in blood pressure	For IOCs: Once a year for surface water; once every 3 years for ground water (not including Asbestos, Lead and Copper, Nitrate, Nitrite and Radionuclides). Minimize monitoring costs by using historical data, waivers, susceptibility waivers, and/or making composite samples.
	Beryllium	0.004 / 0.004	Intestinal lesions	Residential sample taken at the kitchen or bathroom sink tap. ALs must be met in 90% of the samples. Follow-up monitoring every 6 months after corrosion controls initiated or optimized. Reduced monitoring for systems consistently meeting AL. An AL exceedance is not a violation but can trigger other requirements that include water quality parameter monitoring, corrosion control treatment, source water monitoring/treatment, public education, and lead service line replacement.
	Cadmium	0.005 / 0.005	Kidney damage	Copper: Same as Lead.
	Chromium (total)	0.1 / 0.1	Allergic dermatitis	For IOCs: Once a year for surface water; once every 3 years for ground water (not including Asbestos, Lead and Copper, Nitrate, Nitrite and Radionuclides). Minimize monitoring costs by using historical data, waivers, susceptibility waivers, and/or making composite samples.
	Copper (revisions & clarifications)	TT (AL = 1.3) / 1.3	Gastrointestinal/liver/kidney problems	Residential sample taken at the kitchen or bathroom sink tap. ALs must be met in 90% of the samples. Follow-up monitoring every 6 months after corrosion controls initiated or optimized. Reduced monitoring for systems consistently meeting AL. An AL exceedance is not a violation but can trigger other requirements that include water quality parameter monitoring, corrosion control treatment, source water monitoring/treatment, public education, and lead service line replacement.
	Cyanide (as free cyanide)	0.2 / 0.2	Thyroid/neurological effects	For IOCs: Once a year for surface water; once every 3 years for ground water (not including Asbestos, Lead and Copper, Nitrate, Nitrite and Radionuclides). Minimize monitoring costs by using historical data, waivers, susceptibility waivers, and/or making composite samples.
	Fluoride	4.0 / 4.0	Bone disease; children may get mottled teeth	One sample during first 3-year compliance period. Repeat frequency determined by state.
	Lead (revisions & clarifications)	TT (AL = 0.015) / 0	Kidney problems; high blood pressure; infants and children – delays in physical or mental development	For IOCs: Once a year for surface water; once every 3 years for ground water (not including Asbestos, Lead and Copper, Nitrate, Nitrite and Radionuclides). Minimize monitoring costs by using historical data, waivers, susceptibility waivers, and/or making composite samples.
	Mercury (inorganic)	0.002 / 0.002	Kidney damage	Residential sample taken at the kitchen or bathroom sink tap. ALs must be met in 90% of the samples. Follow-up monitoring every 6 months after corrosion controls initiated or optimized. Reduced monitoring for systems consistently meeting AL. An AL exceedance is not a violation but can trigger other requirements that include water quality parameter monitoring, corrosion control treatment, source water monitoring/treatment, public education, and lead service line replacement.
	Nitrate (as N)	10 / 10	Methemoglobinemia (blue baby syndrome)/diuresis	For IOCs: Once a year for surface water; once every 3 years for ground water (not including Asbestos, Lead and Copper, Nitrate, Nitrite and Radionuclides). Minimize monitoring costs by using historical data, waivers, susceptibility waivers, and/or making composite samples.
	Nitrite (as N)	1 / 1	Methemoglobinemia (blue baby syndrome)/diuresis	Ground water annually; surface water quarterly initially, then annually.
	Selenium	0.05 / 0.05	Hair or fingernail loss; numbness of fingers or toes; circulatory problems	One sample during first 3-year compliance period. Repeat frequency determined by state.
	Thallium	0.002 / 0.0005	Hair loss; changes in blood; kidney/liver/intestinal problems	For IOCs: Once a year for surface water; once every 3 years for ground water (not including Asbestos, Lead and Copper, Nitrate, Nitrite and Radionuclides). Minimize monitoring costs by using historical data, waivers, susceptibility waivers, and/or making composite samples.
<b>Arsenic Rule</b>	Arsenic	0.010 / 0	Cancer risk/cardiovascular and dermal problems	Same as IOCs. Applies to CWS and NTNCWS.
<b>Radionuclides</b>	Combined Radium-226 and Radium-228	5 pCi/L / 0	Cancer risk	Sample point is the distribution system entry point that is representative of all sources being used. Four consecutive quarterly samples must be taken at all sample points. Rule applies to CWS only.
	Gross Alpha (excluding radon and uranium)	15 pCi/L / 0	Cancer risk	Primacy agency must designate vulnerable systems. Once deemed vulnerable, quarterly samples required for beta emitters and annual samples for Tritium and Strontium-90 at entry to distribution system. Compliance is based on the running annual average of four quarterly samples taken at each sample point.
	Beta Particles and Photon Emitters	4 mrem/year / 0	Cancer risk	Same as Combined Radium and Gross Alpha.
	Uranium	0.030 / 0	Kidney problems; cancer risk	
<b>Organic Chemicals</b>	Synthetic Organic Chemicals (SOCs)	0.0000003 / 0	Cancer risk; reproductive system problems	For SOCs: Four consecutive quarterly samples during first compliance period. Compliance is based on annual average of quarterly samples. If no detections are found during initial round, two quarterly samples are required each year for systems serving > 3,300; one sample is required every 3 years for smaller systems. With the completion of source water assessments, primacy agencies are allowed to develop alternative monitoring requirements. Contact your local primacy agency for further information. Applies to CWS and NTNCWS.
	2,3,7,8-TCDD (Dioxin)	0.05 / 0.05	Liver problems	
	2,4,5-TP (Silvex)	0.07 / 0.07	Adrenal gland/liver/kidney problems	
	2,4-D	0.02 / 0.02	Cancer risk; nervous system/blood problems	
	Acrylamide	TT / 0	Cancer risk; eye/liver/kidney/spleen problems	
	Alachlor	0.003 / 0.003	Cardio problems/reproductive system problems	
	Atrazine	0.002 / 0.002	Cancer risk; reproductive system problems	
	Benzol[a]pyrene (PAHs)	0.04 / 0.04	Blood/nervous/reproductive system problems	
	Carbofuran	0.002 / 0.002	Cancer risk; liver/kidney problems	
	Chlordane	0.2 / 0.2	Kidney problems	
	Dalapon	0.4 / 0.4	Liver/weight loss/reproductive system problems	
	Di(2-ethylhexyl) adipate	0.0002 / 0.0002	Cancer risk; reproductive system problems	
	1,2-Dibromo-3-chloropropane (DBCP)	0.006 / 0	Cancer risk; liver/reproductive system problems	
	Di(2-ethylhexyl) phthalate (DEHP)	0.007 / 0.007	Reproductive system problems	
	Dinoseb	0.02 / 0.02	Ocular problems	
	Diquat	0.1 / 0.1	Stomach/intestinal problems	
	Endothall	0.002 / 0.002	Liver problems	
	Endrin	0.002 / 0.002	Cancer risk; stomach problems	
	Epinichlorohydrin	TT / 0	Cancer risk; stomach problems	
	Ethylene Dibromide (EDB)	0.0005 / 0	Cancer risk; liver/kidney/stomach/reproductive system problems	
	Glyphosate	0.7 / 0.7	Kidney/reproductive system problems	
	Heptachlor	0.004 / 0	Cancer risk; liver problems	
	Heptachlor Epoxide	0.0002 / 0	Cancer risk; liver/reproductive system problems	
	Hexachlorobenzene	0.001 / 0	Cancer risk; liver/reproductive system problems	
	Hexachlorocyclopentadiene (HEX)	0.05 / 0.05	Kidney/stomach problems	
	Lindane	0.0002 / 0.0002	Kidney/liver problems	
	Methoxychlor	0.04 / 0.04	Reproductive system problems	
	Oxamyl (Vydare)	0.2 / 0.2	Nervous system problems	
	Polychlorinated Biphenyls (PCBs)	0.0005 / 0	Cancer risk; thymus gland/immune deficiencies/reproductive or nervous system problems	
	Pentachlorophenol	0.001 / 0	Cancer risk; liver/kidney problems	
	Picloram	0.5 / 0.5	Liver problems	
	Simazine	0.004 / 0.004	Problems with blood	
	Toxaphene	0.003 / 0	Cancer risk; liver/kidney/thyroid problems	
<b>Volatile Organic Chemicals (VOCs)</b>	1,1,1-Trichloroethane	0.2 / 0.20	Liver/circulatory/nervous system problems	For VOCs: Four consecutive quarterly samples during first compliance period. Compliance is based on annual average of quarterly samples. If no detections are found during initial round, two quarterly samples are required each year for systems serving > 3,300; one sample is required every 3 years for smaller systems. With the completion of source water assessments, primacy agencies are allowed to develop alternative monitoring requirements. Applies to CWS and NTNCWS.
	1,1,2-Trichloroethane	0.005 / 0.003	Kidney/liver/immune system problems	
	1,1-Dichloroethylene	0.007 / 0.007	Liver problems	
	1,2,4-Trichlorobenzene	0.007 / 0.007	Adrenal gland problems	
	1,2-Dichloroethane	0.005 / 0	Cancer risk	
	1,2-Dichloropropane	0.005 / 0	Cancer risk	
	Benzene	0.005 / 0	Cancer risk; anemia/blood problems	
	Carbon Tetrachloride	0.005 / 0	Cancer risk; liver problems	
	Chlorobenzene	0.1 / 0.1	Kidney/liver problems	
	cis-1,2-Dichloroethylene	0.07 / 0.07	Liver problems	
	Dichloromethane	0.005 / 0	Cancer risk; liver problems	
	Ethylbenzene	0.7 / 0.7	Kidney/liver problems	
	Ortho-Dichlorobenzene	0.6 / 0.6	Kidney/liver/circulatory system problems	
	Para-Dichlorobenzene	0.075 / 0.075	Kidney/liver/spleen/circulatory system problems	
	Styrene	0.1 / 0.1	Liver/kidney/circulatory system problems	
	Tetrachloroethylene (PCE)	0.005 / 0	Cancer risk; liver problems	
	Toluene	1 / 1	Kidney/liver/nervous system problems	
	Trans-1,2-Dichloroethylene	0.1 / 0.1	Liver problems	
	Trichloroethylene (TCE)	0.005 / 0	Cancer risk; liver problems	
	Vinyl Chloride	0.002 / 0	Cancer risk	
	Xylenes (total)	10 / 10	Nervous system problems	
<b>Disinfectants and Disinfection Byproducts</b>	Stage 1 Disinfectants/Disinfection Byproducts Rule (D/DBPR)			
	Disinfectants			Applies to all CWS and NTNCWS that treat water with a chemical disinfectant for primary or residual treatment.
	Chlorine	4.0 as Cl <sub>2</sub> MRDL / 4 MRDLG	Eye/nose irritation; stomach discomfort	Monitor at the same sample locations as the Total Coliform Rule. Compliance based on running annual arithmetic average of monthly averages.
	Chloramines	4.0 as Cl <sub>2</sub> MRDL / 4 MRDLG	Eye/nose irritation; stomach discomfort; anemia	Daily sample at distribution system entry point.
	Chlorine Dioxide	0.8 as ClO <sub>2</sub> MRDL / 0.8 MRDLG	Anemia; nervous system problems	Daily sample at distribution system entry point. Four quarterly distribution samples. Compliance based on running annual average of quarterly average.
	Disinfection Byproducts			Running annual average of quarterly samples at four distribution system sites per plant or entry point.
	Total Trihalomethanes (THMs)	0.080	Cancer risk; potential reproductive system effects; liver/kidney/nervous system problems	
	Halogen Acids (HAAs)	0.060	Cancer risk	
	Chlorite	1.0 / 0.8	Anemia; nervous system problems	Systems that add chlorine dioxide required to take daily sample at distribution system entry point.
	Bromate	0.010 / 0	Cancer risk	One sample per month (ozone systems only). Compliance based on running annual average.
	Total Organic Carbon (TOC)	TT		Source and treated water TOC sampled once a month. Compliance based on running annual average of TOC removal ratios.
	Stage 2 Disinfectants/Disinfection Byproducts Rule (D/DBPR)			Applies to all CWS and NTNCWS that add a primary or residual disinfectant other than UV or deliver water that has been disinfected.
	Disinfection Byproducts			
	Total Trihalomethanes (THMs)	0.080	Cancer risk; potential reproductive system effects; liver/kidney/nervous system problems	Compliance Monitoring: Locational Running Annual Average (LRAA) of quarterly samples (yearly for very small surface water and small ground water systems) taken at locations determined by Initial Distribution System Evaluation (IDSE). The number of sites is based on the type of source water and population served. Compliance based on LRAAs is required by 2012-2013, depending on system size.
	Chloroform	0.07 / 0		
	Bromoform	0 / 0		
	Dibromoformate (DBFM)	0.06 / 0		
	Halogen Acids (HAAs)	0.060		
	Monochloroacetic Acid (MCAA)	0.07 / 0.07		
	Dichloroacetic Acid (DCAA)	0 / 0		
	Trichloroacetic Acid (TCAA)	0.02 / 0.02		
<b>Microbiological Contaminants</b>	Total Coliform Rule (TCR)			
	Total Coliforms	TT (See Comments)		Applies to all surface water and ground water systems.
	Fecal Coliforms	MCL = 0 for all 3 indicators		The total number and location of samples is based on the population served and a system-specific sampling plan. If 40 samples or more/month, no more than 5.0% positive; < 40 samples/month, no more than one positive for total coliforms.
	E. coli			
<b>Surface Water Treatment Rule (SWTR)</b>	Turbidity	TT	None. Interferes with disinfection.	Applies to all public water systems using surface water or ground water under the direct influence of surface water. Grab samples every 4 hours or continuous monitoring for turbidity.
	Giardia lamblia	TT / 0	Gastrointestinal illness; Giardiasis	Continuous chlorine residual required for systems > 3,300 one to four grab samples per day for systems < 3,300. Must maintain disinfectant residual = 0.2 mg/L at distribution system entry. Performance requirements demonstrated through combination of removal (filtration) and inactivation (disinfection). See ESWTR and LTESWTR for turbidity TT requirements.
	Enteric Viruses	TT / 0	Gastrointestinal and other viral infections	Minimum three-log removal/inactivation of Giardia (99.9%).
	Legionella	TT / 0	Legionnaires' disease	Minimum four-log removal/inactivation of viruses (99.99%).
	Heterotrophic Plate Count (HPC)	TT	None. Used to measure variety of bacteria common in water.	No limit. Rule assumes if virus and Giardia limits are met, Legionella will be controlled.
<b>Interim Enhanced Surface Water Treatment Rule (IESWTR)</b>	Turbidity	TT	None. Interferes with disinfection.	Filtration avoidance is allowed under certain circumstances (surface water). Lower bacteria concentration indicates better maintained water system.
	Cryptosporidium	TT / 0</		